



TAGORE DENTAL COLLEGE & HOSPITAL

RATHINAMANGALAM CHENNAI - 600 127



தாகூர்
பல் கல்லூரி மற்றும் மருத்துவமனை
DEPARTMENT OF PUBLIC HEALTH DENTISTRY

“உலக சுகாதார தினம்”



World Health Day



WORLD HEALTH DAY
7th
APRIL

WORLD HEALTH DAY-APRIL 07, 2021

VENUE	Tagore Dental College and Hospital-OP Patients Hilton Matriculation School, Chrompet
DATE	APRIL 07, 2021

PROGRAM OVERVIEW

AT TAGORE DENTAL COLLEGE

1. Skit on health awareness
2. Game show
3. Interactive session with public
4. Pamphlet distribution
5. Vote of thanks

AT HILTON MATRICULATION SCHOOL, CHROMPET

1. Awareness talk
2. Examination of BMI, BP, BLOOD GLUCOSE LEVEL for the working staff of the school

PROGRAM DETAILS:

The program started with a welcome note by Dr. Lakshmi, Senior Lecturer Dept of Public Health Dentistry followed by a small skit played by the interns of our department.

The skip was performed for duration of 20 minutes; the core concepts demonstrated by the students are as follows:

1. Take care of our physical as well as mental health- talk to someone in case of depressions
2. Avoid obtaining medical information from unauthorised sources like social media platform
3. Always buy medications using valid prescriptions, do not misuse antibiotics usage through OTC
4. Breaking oral myths.

5. And finally, importance of hand washing and measures for preventing COVID infection.

The hand washing technique was performed by student and the audience were asked to repeat the same to check their compliance.

The skit was followed by a small game show where different varieties of food groups were placed on the table and the audience were asked to select one group and talk about the same. Later the students explained in detail about the food groups, the nutrient it contains and its effect on our oral and general health. The response to program was quite good with about 25-30 participants in both the events.

Following this, we had an interactive session by the staff members of Public Health Dentistry department with the public to clarify their doubts and enlighten their knowledge horizon.

Pamphlets in Tamil depicting healthy habits, Covid preventive measures were distributed to the public to increase their awareness about the current situation.

The celebration came to an end with, the vote of thanks given by Dr. Vaishnavi, Reader (HOD in charge), Department of Public Health Dentistry followed by a group photo.

Later a team of 4 house surgeons along with Dr Kumar Raja, Senior Lecturer, Dept of Public Health dentistry visited Hilton Matriculation School, Chrompet to spread the awareness on healthy lifestyle and measures to combat COVID infections.

A small talk by the interns about various healthy habits was imposed to the staffs of the school using a power point presentation. Then the team examined the BMI, BP and blood glucose for both teaching and non-teaching staffs.

All the students and staff members had actively involved in creating awareness among general public on healthy lifestyle and Covid prevention. The response from the public was very good .It was a great eye opener for the general public as they posed all their queries and got them cleared through expert opinions . These small acts on world health day ensure that communities are at the forefront in decision-making processes as we move forward to a new future, and that everyone has living and working conditions that are conducive to good health.

NSS unit of Tagore dental college and hospital heart fully thank all the students for their active participation in making the program a grand success.

PHOTOS





